

# HOW KIDS CAN HELP THE EARTH

## 1. KIDS CAN CONSERVE WATER

- Turn off the water when you're brushing your teeth, don't fill the bathtub up too full, & be conscious of how much water you are using when you play outside water games over the summer.

## 2. KIDS CAN SAVE ELECTRICITY

- Unplug the iPad charger when it is fully charged, turn off the TV when you're not watching it, turn off the lights when you leave a room.

## 3. KIDS CAN MINIMIZE FOOD WASTE

- Be aware of food waste by saving your leftovers for later or putting less on your plate next mealtime.

## 4. KIDS CAN RECYCLE

- Learn how to recycle various items and materials, & then be sure to do it correctly each week.

## 5. KIDS CAN CARE FOR ANIMALS & INSECTS

- Bees & spiders might seem scary & icky, but they all serve a purpose in our environment. Learn more about the critters in your environment – they are fascinating! Check out this fun.

## 6. KIDS CAN WASTE LESS PAPER

- Use both sides of a piece of paper to color, use scrap paper from other projects, or color on other fun materials like old cardboard boxes.

## 7. KIDS CAN PICK UP TRASH

- Help your local community by throwing away trash that you find on the sidewalks, at the playground, or around your school.

## 8. KIDS CAN WALK TO PLACES

- If there is a park, store, or library close to you, encourage your family to walk there together instead of driving the short distance.

## 9. KIDS CAN TRY COMPOSTING

- Composting allows you to turn your trash (like kitchen or yard waste) into reusable soil for your garden, which keeps this trash out of landfills and water treatment facilities.

## 10. KIDS CAN KEEP LEARNING ABOUT EARTH

- One of the best ways that you can help the Earth is to continue to learn about it! There are amazing bits of science all around us every single day.